

Notice of Operational Changes (April 25 - May 11, 2021)

In response to the Emergency Declaration for COVID-19, the hotel is temporarily changing some of its operations until further notice. Thank you for your cooperation and understanding.

Nagomi Spa and Fitness (5F) 03-4333-8825

Hours of operation: 6:00 a.m. - 8:00 p.m. (last check-in 7:30 p.m.)

We have implemented the following operational changes and we kindly ask for your cooperation so we are able to keep our members and guests safe and maintain social distancing within the facility.

- Body treatments and nail services are currently unavailable until further notice.
- Reservations for usage of the fitness center and swimming pool will be required in advance due to capacity limitations. To reserve, please email Nagomi@hyatt.com with your registered name, requested date and time, facility (fitness center or pool), number of people, and children's name and age (if you request family pool usage). Please note that there may be a wait to enter Nagomi if a reservation has not been made.
- Please wear a mask inside the facility.
- Temperature checks will be conducted upon arrival.

【Swimming Pool / Fitness Center】

* Pool Area Closure: May 10 – 19, 2021 due to poolside repair work

- Usage of the swimming pool is limited to two people per lane (as a family or group) for up to 40 minutes on weekdays and 30 minutes on weekends and national holidays. Children over the age of five will be able to use the swimming pool while under parental supervision, in the same lane, between 9:00 a.m. - 6:00 p.m.
- Usage of the fitness center will be limited to a maximum of ten people at any given time.
- Usage of the free weights will be limited to three people at any given time.
- Cardio machines may be used for up to 40 minutes per machine per person.
- Personal training sessions have resumed with guided programs designed by our personal training team. The program includes a 30-minute personal workout with a 30-minute support stretch.

【Other facilities】

- Usage of the saunas may be used for up to 20 minutes and will be limited to four people for male and two people for female at any given time.
- Usage of the steam room may be used for up to 20 minutes and will be limited to one person for female at any given time.
- Usage of the whirlpool and baths may be used for up to 20 minutes per person and will be limited to three people at any given time.
- Usage of the locker rooms will be limited to 14 people for male and 12 people for female.
- Reduced locker and vanity availability in the male and female locker rooms.
- Reduced seating in the male relaxation rooms.

As recommended by the Fitness Industry of Japan (FIA), members and guests should refrain from using the facilities temporarily if they:

- Have Diabetes, heart illness, respiratory disorder or such.
- Are receiving dialysis.
- Take immunosuppressive drugs or anticancer drugs.